Opioid tapering plan template

This form is designed to help primary care providers document the tapering plan agreed upon by both the patient and the primary care provider. Ensuring the patient has been part of the planning process is important for buy-in and adherence to the agreed upon plan. Have the patient repeat the plan back to you to ensure that they understand it.

When undertaking an opioid taper plan, please keep in mind that although there may be a taper schedule in place there may be a need to deviate from the plan (e.g. pausing) or adjust the rate, intensity or duration of the taper depending on how the patient is responding with regards to their pain, function, withdrawal symptoms and other life events.

Baseline details

Patient name:	DOB:
SMART goal(s):	Reason for taper:
Start date of taper:	Proposed end date of taper:
Possible target dose:	

Baseline patient

Check for:			
☐ Brief Pain Inventory (BPI) Scores			
☐ Pain (BPI scores for 3 domains, 0–10):	Domain score 1:	Domain score 2:	Domain score 3:
☐ Function (BPI score, 0–10):	Domain score:		
☐ General Activity (BPI score, 0–10):	Domain score:		
☐ Mental health stability: Consider slowing down or pausing the taper in the presence of a mental health issue. ☐ PHQ-9 _____ ☐ GAD-7 _____			
Notes:			

Taper plan

Date	Dose	Frequency	Total daily dose	Planned duration on dose	Notes