

SEASONAL PREPAREDNESS GUIDE



SUMMER

Chronic condition optimization:

- ☐ Assess individuals with chronic lung disease and other at risk individuals
- ☐ Educate on preventing respiratory infections
- ☐ Support trigger management
- ☐ Promote self-management strategies
- ☐ Update action plans
- ☐ Refer to specialized care as needed



FALL

Practice management strategies:

- ☐ Be proactive (e.g., identify high-risk patients, share educational messages, etc.)
- ☐ Leverage care team members (e.g., as vaccine promoters, administrators, etc.)

Seasonal & respiratory immunizations:

- ☐ Update immunizations and provide education
- ☐ Monitor and report for any adverse events following immunization (AEFI)
- ☐ Manage vaccine storage and transportation
- ☐ Address vaccine hesitancy and access barriers



WINTER

Seasonal illness testing & management:

- ☐ Identify key illness symptoms
- ☐ Test based on eligibility and access
- ☐ Support illness management with self-care strategies and/or medications
- ☐ Refer or send to ED for severe or worsening symptoms

IPAC recommendations:

- ☐ Implement PPE practices and follow hand hygiene protocols
- ☐ Ensure a clean clinic environment and maintain safe physical spaces
- ☐ Reduce transmission risk by supporting healthy workspace policies

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