

The Sunnybrook Expedited Endometriosis (SEE) Clinic: To “SEE” if  
your patient has endometriosis  
Information for Providers

Dear providers,

We are introducing the Sunnybrook Expedited Endometriosis (SEE) Clinic, a **virtual clinic** for patients who may have endometriosis run by Sunnybrook endometriosis specialists who all have fellowship (advanced) training in treating endometriosis. This clinic’s purpose is to serve as a **first visit only** for patients who have **not previously seen a gynaecologist for symptoms and/or imaging suggestive of endometriosis and to connect them with an endometriosis specialist at Sunnybrook.**

The clinic’s goal is to decrease wait times for patients to see an endometriosis specialist which can be over a year in the GTA. We aim to serve a **single virtual appointment** for patients where they can expect to be counseled on their condition and disease course as well as be started on first-line medical therapies, given appropriate imaging, and referrals to appropriate ancillary resources and specialists. If the patient requires further follow-up, they will then be connected to an endometriosis specialist at Sunnybrook.

If you are interested in referring patients to our clinic, please see the following steps and expectations to relay to your patients:

1. Referral to our clinic
  - **PLEASE FAX ALL REFERRALS TO 416-849-1157**
  - Please advise patients they must fill out all patient questionnaires to ensure they meet criteria to be seen in our clinic
2. Receive appointment through Ocean messaging system
3. During the appointment, patients can expect:
  - A thorough history detailing symptoms, treatments and imaging to date with a nurse or physician assistant
  - Documentation of primary treatment goals individualized to their clinical picture
  - Education regarding expected disease course, treatment options, surgical options and risks, and other supportive treatments
  - Option to start on first-line medical therapies
  - Referral to support services as needed such as more detailed imaging, referral to fertility specialists, physiotherapists and more
  - An endometriosis specialist will contact the patient to review after the initial intake and counselling by the nurse or physician assistant
4. Patient will be connected for further follow-up with an endometriosis specialist on an as needed basis
  - Will take over care and plan appropriate management moving forward if needed, otherwise the referring provider will be given resources to help manage the patient’s condition moving forward